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ingredients

- 5 bananas
- 1 apple (cut into cubes)
- 2.5 cups of oats
- 1 tsp cinnamon
- 1 tsp of vanilla

directions

- Set the oven at 160 C
- Mix or mash the bananas with a fork.
- Add the apple and mix
- Add in the cinnamon & vanilla
- Add the oats
- Mix everything
- Shape as you like & place it in the oven for about 20 mins.
- Enjoy!